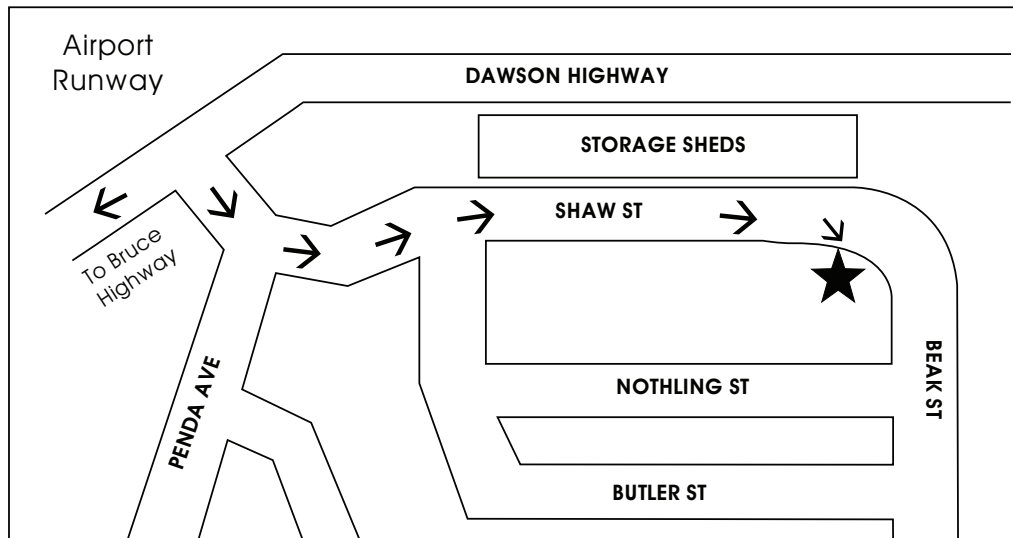


This form is to be presented at the time of your appointment. Please bring any relevant, previous X-rays or Ultrasounds with you.

MAP



PATIENT PREPARATION FOR EXAMINATIONS

PLAIN X-RAYS - Nil

ULTRASOUND UPPER ABDOMEN

- No food for 12 hours prior to appointment. Sips of water only.
- No gum chewing or smoking prior to this examination.
- Continue with any medication you are currently taking.
- If you are a diabetic, please let us know so that we can make an early morning appointment.

ULTRASOUND - RENAL, PELVIS AND PROSTATE

- 1.5 hours before your appointment, drink 1 litre of water over a half hour period.
- Do not empty your bladder again until after your appointment.
- If your bladder becomes painfully overfull, empty just enough to ease your discomfort. Drink another 1-2 cups after you have emptied.

ULTRASOUND - OBSTETRIC, INCLUDING NUCHAL TRANSLUCENCY

- A full bladder is required during the first and second trimesters of the pregnancy (up to 30 weeks) - see above for preparation.

ULTRASOUND - ABDOMINAL VASCULAR STUDIES (Aortic, Iliac and Renal arteries)

- No food for 12 hours prior to appointment.
- Drink clear fluid like water or clear soup (not creamy) during this period.

ULTRASOUND - ECHOCARDIOGRAPHY, SMALL PARTS, MUSCULO-SKELETAL, BREAST, TESTICULAR - Nil